**Register Now for:** 

# COMPASS for 4th & 5th Graders

**Helping Kids Navigate Their Way to Healthy Interactions** 

## **COMPASS FULL-DAY WORKSHOP**

## This fun-filled workshop enhances children's skills to:

- Respond thoughtfully to anger, embarrassment, jealousy, disappointment, and many more feelings
- Be a good friend and resolve common friendship struggles
  - Flexibly respond to a range of teasing from playful/fun to bullying
  - View situations from multiple perspectives and apply empathy





**COMPASS** consists of small group break-out sessions which include facilitated discussions on relevant and current experiences, conversations with peers, and activities which provide young people with opportunities to learn while having fun. **COMPASS** is facilitated by trained professionals and includes engaging discussions, lunch, snacks, stress-relieving yoga, and meaningful takeaways!

4th and 5th graders have grade-specific curricula and groups.

# SATURDAY, FEBRUARY 8, 2025

"After attending Compass, I now feel as if I can..."

"... be respectful" — 4th grader

"... problem solve" — 4th Grader

"... make new friends" — 5th Grader

"... do more things because I can understand my emotions more"
— 5th Grader

### The COMPASS Workshop is brought to you by:





Geneva Coalition for Youth

with the support of Geneva CUSD 304.



Our Programs are Inclusive and Welcoming to All

LOCATION: Geneva MS South

1415 Viking Drive

TIME: 9:00 AM - 3:30 PM

(Check-In Starts at 8:30)

**COST:** \$20 Need-based fee reductions are

available.

#### **CLICK -or- SCAN TO REGISTER**

Register by 11:59 PM, 2/3/25, to guarantee a spot. Choose to be grouped with friends or to meet new people.



Questions? Email to: compass@tricityfamilyservices.org