



BATAVIA WRESTLING CLUB



Rookie Nights

Boys and Girls K-8th Grade

October 17th and October 22nd 7:00 - 8:00 pm
Batavia High School - Wrestling Room

Batavia Wrestling Club is excited to invite you and your child to Rookie Nights. This event is a fantastic opportunity to step onto the mats and engage in the sport of wrestling.

During Rookie Nights, our coaches will provide *basic instruction, demonstrating fundamental techniques and skills*. Your child will get a taste of what it means to be a part of Batavia Wrestling Club, experiencing the camaraderie, discipline, and physical challenges that come with the sport.

While the rookies are engaged in their wrestling session, we have arranged an informative and *interactive Q&A session in room A101* for all parents and guardians. This session will provide you with valuable insights into our club, its values, goals, and the benefits of wrestling for your child's development. Our team of coaches and club leaders will be present to answer your questions and address any concerns you may have.

Please note that Rookie Nights is *not a drop-off event*. Parents and guardians must remain in the building during the sessions. Upon *entering Batavia High School through the Main Street (North) Athletic Entrance*, you will be asked to *sign a waiver for your child to participate*.

Regarding attire, please ensure that your child wears a *t-shirt and shorts, devoid of metal components* such as zippers or snaps. Wrestling shoes are not mandatory, and *participants may participate in socks*.

If you have any additional questions or need further information, please do not hesitate to reach out to us at info@bataviawrestlingclub.com.

We look forward to welcoming you and your child to Rookie Nights. It is an excellent opportunity for your child to explore the sport of wrestling!

 www.bataviawrestlingclub.com

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